# Anti-cancer activity and mechanisms of 25-anhydrocimigenol-3-O-β-D-xylopyranoside isolated from Souliea vaginata on hepatomas

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Our previous study first revealed the cytotoxicity and relative selectivity of 25-anhydrocimigenol-3-O-β-D-xylopyranoside (ACX) on HepG2 and R-HepG2 cells. In the present study, the anti-cancer activity and mechanisms of ACX isolated from S. vaginata were investigated both in vitro and in vivo. ACX showed significant, consistent anti-proliferative activity on hepatoma bel-7402 cells by MTT and clone formation assays with an IC<sub>50</sub> value of 18 µmol/l. Morphological observation and flow cytometry results showed that apoptosis and G<sub>0</sub>/G<sub>1</sub> cell cycle arrest contributed to the cytotoxic and cytostatic effects. Further studies showed that Bax and p21 protein expression were upregulated, Bcl-2 protein expression was downregulated, and poly(ADP-ribose) polymerase protein was cleaved. Moreover, ACX also exhibited a dose-dependent inhibition of tumor growth on mice implanted with H22 in vivo. These findings implicate ACX as a promising anti-cancer agent for chemotherapy of certain cancers. Anti-Cancer Drugs 17:545-551 © 2006 Lippincott Williams & Wilkins.

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#### Introduction

Souliea vaginata (Ranunculaceae), an endangered species, is mainly distributed in China. As an anti-inflammatory and analgesic herb, its rhizomes are used to treat conjunctivitis, stomatitis, pharyngitis, enteritis and diarrhea in Chinese folk medicine [1]. Early phytochemical investigations have demonstrated that this species is rich in cycloartane triterpenoids commonly found in plants of the Cimicifuga genus [2–6]. Some cycloartane triterpenoids possess potent cytotoxicity. For example, cimicifugoside isolated from C. simplex inhibited the proliferation of many cancerous cell lines by blocking the intake of nucleic acids [7]. The compounds 23- or 25-O-methoxycimigenol-3-*O*-α-L-arabinopyranoside, actein, cimiracemoside F and cimiracemoside G, isolated from C. racemosa showed anti-proliferative activity against HSC-2 cells, with IC<sub>50</sub> values between 18 and 80 µmol/l, and had less toxicity against normal human gingival fibroblasts [8]. A further study on this species demonstrated that its constituents actein, 23-epi-26-deoxyactein and cimiracemoside A could inhibit growth of MCF-7 human breast cancer cells and induce cell cycle arrest at G<sub>1</sub> by decreasing the level of cyclin D1, cdk4 and the

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hyperphosphorylated form of the pRb protein, as well as increasing the level of p21<sup>Cip1</sup> [9]. In addition, three cycloartanes, 23-, 24- and 25-O-acetylcimigenol-3-O-β-Dxylopyranoside, isolated from C. dahurica, were demonstrated to exert their cytotoxicity on HepG2 cells by induction of apoptosis and G<sub>2</sub>/M arrest. Downregulation of COX-2 and cdc2 protein expression were involved in the mechanism of apoptosis and G<sub>2</sub>/M arrest induced by these three cycloartanes [10]. Our previous study demonstrated the cytotoxicity of 25-anhydrocimigenol-3-O-β-D-xylopyranoside (ACX), 25-O-acetylcimigenol-3-O- $\beta$ -D-glc(1  $\rightarrow$  2) $\beta$ -D-xylopyranoside and 25-O-acetylcimigenol-3-O- $\beta$ -D-galactopyranoside, isolated from C. foetida. These compounds possessed anti-proliferative activity on the HepG2 cell line and its multidrug-resistant cell line R-HepG2, but had relatively low toxicity on primary cultured normal mouse hepatocytes [11]. The underlying mechanism of cytotoxicity of ACX on hepatoma, however, is still unclear. In the current study, the ethanol fraction and chloroform (CHCl<sub>3</sub>) fraction of S. vaginata demonstrated moderate anti-proliferative activity with growth inhibitory activity of 30 and 64% at 200 µg/ml, respectively. ACX was obtained as an active component by

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# Material and methods Extraction and isolation

The whole plant of S. vaginata (Maxim.) Franch was collected at Oing-Ling Mountain, Gansu Province, China, in August 2002, and identified by Dr Si-bao Chen (Institute of Medicinal Plant Development, Chinese Academy of Medical Sciences and Peking Union Medical College). A voucher specimen (XC-03-0824) was deposited at the same Institute. The air-dried and pulverized whole plant (5.0 kg) was extracted twice with 95% ethanol for 2h under reflux and then extracted twice with 50% ethanol for another 2h under reflux. After combination of the ethanol extracts and removal of the solvent, the residue (1.2 kg) was suspended in water and partitioned successively with petroleum ether, CHCl<sub>3</sub> and n-BuOH. The CHCl<sub>3</sub>-soluble fraction (400 g) was subjected to low-pressure column chromatography on a silica gel 60H (400-500 mesh) column. Four fractions, A (30 g), B (21 g), C (37 g) and D (60 g), were collected with gradient CHCl<sub>3</sub>:MeOH (10:0-7:3) solvent elution. Fraction B was further isolated to give a colorless needle (800 mg), melting point 240-242°C. The compound was identified as ACX by comparing the electron ionization mass spectrometry, <sup>1</sup>H-NMR and <sup>13</sup>C-NMR data with the literature [12]. The purity was more than 95% as determined by HPLC. ACX was dissolved in DMSO at a concentration of 100 mmol/l, then diluted in tissue culture medium and filtered before use.

#### Cell culture

bel-7402 (from the Institute of Materia Medica, Chinese Academy of Medical Sciences and Peking Union Medical College) cells were maintained in RPMI 1640 (Gibco, Grand Island, New York, USA), containing 10% FBS (Gibco), 2 mg/ml sodium bicarbonate, 100  $\mu$ g/ml penicillin sodium salt and 100  $\mu$ g/ml streptomycin sulfate. The cells were grown to 70% confluence, trypsinized with 0.05% trypsin/2 mmol/l EDTA and plated for experimental use.

#### Cell proliferation assays

Cell proliferation was measured by both MTT and colony formation assays.

bel-7402 (1.5  $\times$  10<sup>4</sup>) cells were seeded in 96-well tissue culture plates and treated with the test compound (100–3.125  $\mu$ mol/l) or vehicle (0.1% DMSO) at various concentrations and incubated for 48 h followed by the MTT assay at 570 nm [13]. The IC<sub>50</sub> value was derived from the dose–response curve.

For the colony formation assay, 10<sup>3</sup> bel-7402 cells were plated into six-well, 35-mm diameter culture plates. After 24 h, the cells were treated with different concentrations of the compound or vehicle for 96 h in RPMI 1640 containing 10% FBS. After washing with PBS, colonies were stained with Giemsa solution and then counted. The results were expressed as percentage of the control. A viability of 100% corresponds to the control cells. Each concentration of ACX was tested in triplicate. The relative surviving fraction was plotted on the dose-response curve [14,15].

#### Morphological study

Cells were cultured in 35-mm culture dishes. After treatment with ACX at  $20\,\mu\text{mol/l}$ , all the cultures were incubated at  $37^{\circ}\text{C/}5\%$  CO<sub>2</sub> for 48 h. Photographs were taken under an inverted Leica fluorescence  $40\times10$  microscope after acridine orange/ethidium bromide staining [10].

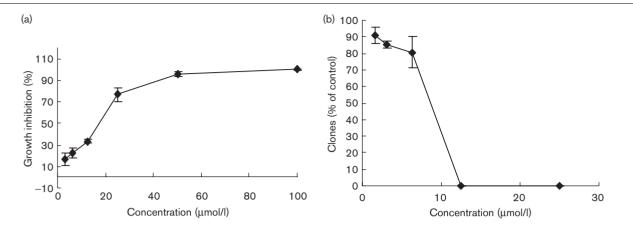
#### Flow cytometry analysis

bel-7402 cells ( $1 \times 10^6$ ) were seeded in six-well plates and treated with ACX at 20 µmol/l for 0, 12, 24, 48 and 72 h, respectively. Then, cells were collected and fixed in 70% cold ethanol ( $-20^{\circ}$ C) overnight. After washing twice with PBS, cells were resuspended in PBS containing 1% FCS. RNase A ( $0.5 \, \text{mg/ml}$ ) and propidium iodide (PI) ( $2.5 \, \mu\text{g/ml}$ ) were added to the fixed cells to digest RNA and to stain the cells. The DNA content of cells was then analyzed with a FACSCalibur instrument (Becton Dickinson, San Jose, California, USA) and Coulter (Fullerton, California, USA) Epics XL.

# Western blotting

After treatments, cells were washed 3 times with ice-cold PBS and lysed with lysis buffer (50 mmol/l Tris-HCl, pH 7.4, 10 mmol/l EDTA, 1% Triton X-100, 26% urea, and 1 tablet/10 ml protease inhibitor cocktail tablet). Sticky DNA was removed from lysates with a sterile toothpick. The protein concentration of the supernatant was measured by the Bradford method. SDS-PAGE was performed under reducing conditions on 10% polyacrylamide gels and the resolved proteins were transferred onto a nitrocellulose membrane [16,17]. The nitrocellulose membrane was then incubated with mouse anti-human p21 monoclonal antibody (BD Pharmingen, Franklin Lakes, New Jersey, USA), rabbit anti-poly(ADP-ribose) polymerase (PARP) polyclonal antibody (Roche, Nutley, New Jersey, USA), mouse monoclonal anti-Bcl-2 antibody (Santa Cruz Biotechnology, Santa Cruz, California, USA; SC-509) and mouse monoclonal anti-Bax antibody (Santa Cruz; sc-7480). Mouse monoclonal β-actin (Lab Vision, Fremont, California, USA) was used as an internal control. Secondary antibody to IgG conjugated to horseradish peroxidase was used. The blots were detected with ECL according to the manufacturer's instructions.

Fig. 1



Anti-proliferative activity of ACX on bel-7402 cells. (a) MTT assay of ACX on bel-7402 cells. One of three independent experiments. (b) Clone formation assay of ACX on bel-7402 cells. Means ± SD of three independent experiments.

#### Anti-cancer evaluation on implanted mouse H<sub>22</sub>

Male CD-1 (ICR) mice (Beijing Vital Laboratory Animal Technology, Beijing, China), weighing 20–22 g, were used for implantation of hepatoma H<sub>22</sub> (s.c.), which was maintained by weekly (i.p.) passage in CD-1 (ICR) mice. Ascites (0.2 ml of 1:6 dilution) from tumor-bearing mice 7 days after tumor inoculation were implanted (s.c.) into the armpit region of mice. Eight mice each were treated (i.p.), 24 h after tumor inoculation, with either ACX or vehicle (1% DMSO in saline), once a day for 10 days. Cyclophosphamide (10 mg/kg body weight) was used as a positive control. The tumor inhibition rate (TIR%) was derived from  $(1-T/C) \times 100$ , where T is the mean tumor weight of the ACX-treated group and C is the mean tumor weight of the vehicle-treated control group [18].

#### **Statistics**

Student's t-test was used and P < 0.05 was considered significant.

#### Results

# Anti-proliferative activity of ACX

The in-vitro anti-proliferative activity of the compound on bel-7402 cells was evaluated by MTT and clone formation assays. The results of both MTT and clone formation showed a dose-dependent growth-inhibitory effect (Fig. 1). The IC<sub>50</sub> value derived directly from concentration-effect curves was about 18 µmol/l. In the clone formation assay, there was no clone formed at the end of the time tested with higher concentrations (25 µmol/l). With 12.5 µmol/l, there were some small clones formed, but the clone numbers and cell numbers in a clone (all below 50) were fewer than that of vehicle control. At 6.25 µmol/l, some clones were small, but cell numbers in a clone were above 50. This indicated that both cytotoxic and cytostatic effects were involved in the anti-proliferation of the compound. With higher concentrations, it mainly showed cytotoxic effects; with lower concentrations, it showed cytostatic effects.

#### Apoptosis morphological alteration induced by ACX

The fluorescence staining method was introduced to investigate individual apoptosis in the cell population treated by ACX. After treatment at 20 µmol/l for 48 and 72 h, morphological changes of the cells were significant. Chromatin aggregation, nuclear and cytoplasmic condensation, and partition of cytoplasm and nucleus into membrane-bound vesicles (apoptotic bodies) were observed (Fig. 2)

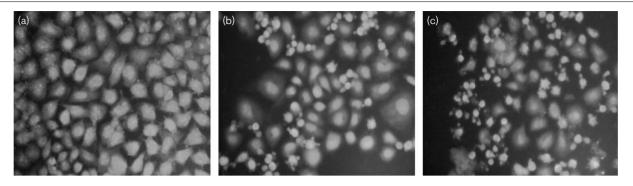
#### Effect of ACX on cell cycle progression

To elucidate the cytostatic effect of ACX on bel-7402 cells, specific cell cycle progression was determined by flow cytometry. After exposure to ACX at a concentration of 20 µmol/l for 0, 12, 24, 48 and 72 h, cell cycle progression of bel-7402 cells changed significantly in comparison with the control (Fig. 3). It caused significant G<sub>0</sub>/G<sub>1</sub> arrest with a concomitant decrease of the cell population in S phase and a small sub-G<sub>1</sub> peak, which was recognized as the apoptotic fraction at 48 and 72 h.

# Regulation of apoptosis and cell cycle-related protein expression

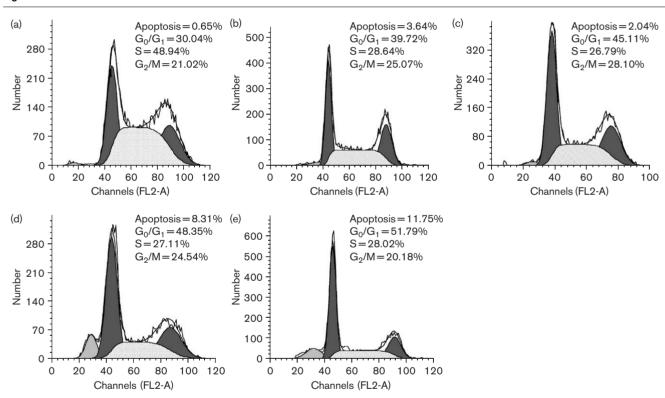
PARP is an early hallmark of apoptosis and is used to further confirm the apoptosis event in cell populations treated with cytotoxic agents. For treatment with 20 µmol/l ACX, 113-kDa PARP protein began to be cleaved into 89- and 24-kDa fragments at the 12-h time point and continued in a time-dependent manner. This indicated that activation of caspases was involved in apoptosis of bel-7402 cells. Furthermore, treatment

Fig. 2



Morphological changes of apoptosis on bel-7402 cells in response to ACX. Cells were stained by acridine orange/ethidium bromide and observed under an inverted Leica fluorescence  $40 \times 10$  microscope: (a) control; (b and c) treatment with ACX at  $20 \,\mu$ mol/l for 48 and 72 h, respectively.

Fig. 3



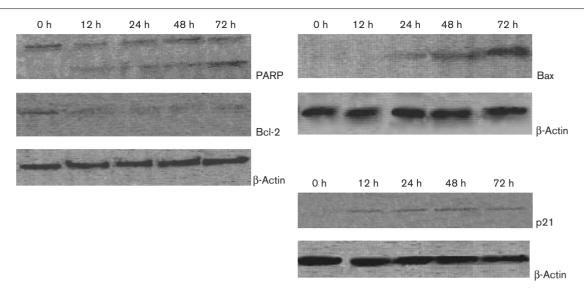
Cell cycle distribution of bel-7402 cells treated with ACX. Cells were stained with PI and analyzed by flow cytometry: (a) bel-7402 control; (b–e) bel-7402 cells treated with ACX at 20 μmol/l for 12, 24, 48 and 72 h. The results shown here were from one of three representative experiments.

with the compound at  $20\,\mu\text{mol/l}$  could upregulate the expression of the pro-apoptotic protein Bax and down-regulate the anti-apoptotic protein Bcl-2 in a time dependent manner (Fig. 4). p21 is a cyclin-dependent kinase (CDK) inhibitor (CKI) that plays a key role in apoptosis and  $G_1$  to S cell cycle progression. Treatment with ACX at  $20\,\mu\text{mol/l}$  could significantly induce the expression of p21 protein in bel-7402 cells (Fig. 4).

### Inhibition of tumor growth by ACX

After tumor implantation for 24 h (i.p.), treatment with ACX (30, 15 or 7.5 mg/kg body weight) or cyclophosphamide (10 mg/kg body weight) once a day for 10 days could significantly suppress the growth of  $H_{22}$  (Table 1). Meanwhile, significant body weight loss was observed in the cyclophosphamide-treated group compared with that of the control, whereas only slight body weight loss was

Fig. 4



Regulation of apoptosis and cell cycle-related protein expression on bel-7402 cells treated by ACX. Cellular lysate protein (50 µg/lane) was loaded on a 10% SDS-polyacrylamide gel, electrophoresed and subsequently transferred onto nitrocellulose membranes. Immunoblots were probed with antibodies specific for PARP, Bcl-2, Bax and p21. Lysates were from bel-7402 cells treated with 20 µmol/l ACX for 0, 12, 24, 48 and 72 h, respectively.

Table 1 Tumor growth inhibitory effect of ACX on H<sub>22</sub>

Samples	Dosage (mg/kg)	Tumor weight (g)	Tumor growth inhibition (%)
Control	_	2.87 ± 1.38	-
Cyclophosphamide	10	1.18 ± 0.45 <sup>b</sup>	58.89
ACX	30	$1.41 \pm 0.88^{a}$	50.87
ACX	15	$1.66 \pm 0.73^{a}$	42.16
ACX	7.5	$1.72 \pm 0.72^{a}$	40.07

<sup>&</sup>lt;sup>a</sup>P<0.05 and <sup>b</sup>P<0.01 compared with control.

observed in the ACX-treated group. This implied that ACX might possess an anti-hepatoma effect in vivo with low toxicity.

#### **Discussion**

Hepatoma (hepatocellular carcinoma) is a relatively common malignancy, ranking fifth in frequency on a worldwide basis and causing more than 1 million deaths annually [14]. Moreover, one-third of Asian hepatoma cases occur in China [19] and the incidence has been continually increasing in recent years. There is still no effective chemotherapy for this disease at present.

ACX was of considerable interest because it has shown selective cytotoxicity to hepatoma HepG2 cells, but has shown less cytotoxicity on primary cultured normal mouse hepatocytes, as described in our previous study. In this paper, we first showed anti-proliferative activity of ACX on another hepatoma, bel-7402 cells, and demonstrated that apoptosis and  $G_0/G_1$  cell cycle arrest were involved in the cytotoxic and cytostatic effect, respectively.

Many anti-cancer agents arrest the cell cycle at the  $G_1$ , S or G<sub>2</sub>/M phase and then induce apoptotic cell death [20-22]. The death receptor pathway and the mitochondrial pathway are the two major routes that have been identified to be associated with drug-induced apoptosis. In particular, the Bcl-2 protein family plays a central role in the regulation of the mitochondrial apoptosis pathway. Members of Bcl-2 family proteins can be divided into two subfamilies: the anti-apoptotic proteins such as Bel-2 and Bcl-X<sub>L</sub>, and the pro-apoptotic proteins such as Bax, Bad and Bid. The family members, e.g. Bcl-2 and Bax, form homodimers and heterodimers; the ratio between these dimers is, in turn, crucial to modulate the apoptotic response. The overexpression of Bcl-2 has been shown to block the release of cytochrome c in response to a variety of apoptotic signals. On the contrary, the Bax protein promotes cytochrome c release from the mitochondria. Released cytochrome c activates caspase-9 to initiate the caspase cascades, followed by proteolytic executioner caspase-3, which catalyzes proteolysis of many different substrates, such as DNA repair proteins, cell cycle regulatory proteins, and components of the nucleus and cytoskeleton [23–28]. The 113-kDa PARP, a nuclear enzyme that specifically binds to damaged DNA, is a substrate of an apoptotic-specific protease from caspases, and is cleaved during apoptosis into 89- and 24-kDa fragments, which could serve as an early hallmark of apoptosis [29]. In the present study, we have shown that ACX treatment of bel-7402 cells leads to a significant increase in the level of the pro-apoptotic Bax protein and decrease in the level of the anti-apoptotic Bcl-2 protein. Thus, alteration of the Bax/Bcl-2 ratio was of benefit to It could arrest cell cycle progression at the G<sub>1</sub> phase by

suppressing the activity of most CDKs and binding to the

proliferating cell nuclear antigen, which is a cofactor of

DNA polymerase  $\delta$ , to inhibit the synthesis of DNA

directly [33,34]. In our study, p21 protein expression was

increased significantly in a time-dependent manner. This

implies that the upregulation of p21 may contribute to

 $G_0/G_1$  arrest on bel-7402 cells treated by ACX.

It is well known that there is a certain correlation between the results of in-vitro and in-vivo studies. Although the effective compounds *in vitro* might have less or no effect *in vivo*, the cytotoxicity *in vitro* against cancer cell lines from a particular organ would predict cytotoxicity against corresponding tumors in animals and humans. Fortunately, our results showed that ACX inhibited tumor growth of mice bearing hepatoma H<sub>22</sub> without evident body weight loss in a dose-dependent manner. This predicts that ACX may inhibit corresponding hepatoma growth in humans with low toxicity.

In conclusion, ACX possesses anti-hepatoma activity both *in vitro* and *in vivo*. It exerts its anti-proliferative activity via apoptosis and  $G_0/G_1$  cell cycle arrest, through the regulation of Bcl-2/Bax and activation of caspases. The results reported herein may suggest the potential clinical application of ACX on hepatoma treatment in the future.

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